



## UBC Health, Wellbeing & Benefits External Vendor List

In addition to our [internal workshops and programs](#), UBC’s Health, Wellbeing and benefits team works with a set of reputable external providers. See below for a list of speakers, researchers and wellbeing experts to support your next team event, speaker series or retreat.

Emotional Intelligence	Financial wellbeing
<p><a href="#">Emotional Intelligence Training</a> (The Knowledge Academy)</p> <p><a href="#">Leading with Emotional Intelligence</a> (Sally Halliday, RCC)</p>	<p><a href="#">Money Management Skills workshops/webinars</a> (Credit Counselling Society of BC)</p> <p><a href="#">Money Coach</a> (Melanie Buffel) Individual support or workplace workshops</p>
Mental Health Literacy	Mindfulness
<p><a href="#">Mental Fitness</a> (University of New Brunswick) Individual or group, \$59.59 pp</p> <p><a href="#">Leading a Mentally Health Workplace</a>, Online, (Morneau Shepell) Please email <a href="mailto:efap.info@ubc.ca">efap.info@ubc.ca</a> to arrange</p> <p><a href="#">Building Blocks for Mental Health</a>, Online, (Morneau Shepell) Please email <a href="mailto:efap.info@ubc.ca">efap.info@ubc.ca</a> to arrange</p>	<p><a href="#">Workplace Mindfulness training programs</a> (The Calm Monkey, Wendy Quan)</p> <p><a href="#">Mindfulness/Emotional Resilience Labs</a> (Stillness Labs) Online or virtual team-based training</p> <p><a href="#">Mindful Leader or Organization Training</a> (MindwellU) Mixed-modality support (web, in-person, app)</p>
Organizational/Team wellbeing	Stress Management and Resilience
<p><a href="#">Resilience 1-day course</a> (Leadershape) Up to 30 participants, \$6000</p> <p><a href="#">Workplace wellbeing workshops</a> (Megan Pinfield, PhD, RCC) A range of topics with the ability to customize</p> <p><a href="#">Organizational Change/Change Management</a> (UBC’s Preferred Vendor list)</p>	<p><a href="#">Stress and Resilience education programs</a> (Thara Vayali)</p> <p><a href="#">Adaptive Resilience</a>, online, \$127 pp (Search Inside Yourself Leadership Institute)</p> <p><a href="#">Helping the helper – Understanding &amp; Coping with Cumulative Stress</a> (Morneau Shepell) Please email <a href="mailto:efap.info@ubc.ca">efap.info@ubc.ca</a> to arrange</p> <p><a href="#">Wellbeing, Happiness and Team-work</a> (Vancouver Brain Lab) Customized interactive workplace workshops</p>



<b>UBC Faculty Experts</b>	
A list of some faculty members doing research and work in wellbeing related to the topic areas above. <i>*See below for a separate list of IBPOC Faculty Researchers at UBC</i>	
Emotion regulation; stress; health behaviors	<a href="#">Christiane Hoppman</a>
Emotional expression, and self-regulation	<a href="#">Jessica Tracy</a>
Financial Wellbeing & Happiness	<a href="#">Elizabeth Dunn</a>
Introspection and self-awareness	<a href="#">Kalina Kristoff</a>
Stress & Resiliency	<a href="#">Kimberly Schonert-Reichl</a> <a href="#">Anita Delongis</a>
Stress & Physical Activity	<a href="#">Eli Puterman</a>
Social Relationships/ Connection	<a href="#">Frances Chen</a>

**Other topics and expertise related to wellbeing:**

	<b>UBC Specific</b>	<b>External</b>
Equity, inclusion, identity, diversity	<a href="#">Equity and Inclusion Office</a>	<a href="#">Cicely Blain Consulting</a>
Indigeneity, de-colonization, healing	<a href="#">First Nations House of Learning</a> or <a href="#">The UBC Learning Circle</a>	<a href="#">Decolonizing Practices with Nahanee Creative</a>
Sustainability, environment, climate change	<a href="#">UBC Sustainability</a> or <a href="#">UBC Farm Workshops</a> and <a href="#">Indigenous Initiatives</a>	

**IBPOC Faculty Researchers at UBC\***

*The following is designed to be used as a non-exhaustive list of faculty members and graduate students at the University of British Columbia whose research interests focus on the different perspectives and challenges facing Indigenous people, Black people and People of Colour.*

Faculty Member	Research Interests
<b>Dr. Dina Al-Kassim</b>	postcolonial anti-colonial feminist queer theory psychoanalysis Subjectivity comparative literature: Arabic, English, French



<b>Dr. Phaniel Antwi</b>	critical black studies; settler colonial studies; black Atlantic and diaspora studies; Canadian literature and culture since 1830; critical race, gender, and sexuality studies; material cultures.
<b>Dr. Erin Baines</b>	transitional justice; the politics of humanitarianism and forced displacement study of gender, youth and armed conflict.
<b>Dr. John Paul (JP) Catungal</b>	queer of colour geographies, critical race and ethnic studies, diaspora and transnationalism, critical pedagogy, the scholarship of teaching and learning, lived geographies of sexual and racial minorities in educational spaces.
<b>Dr. Litsa Chatzivasileiou</b>	philosophical and ethical issues of gender, ethnicity, and sexuality, post-colonial studies, whiteness and masculinity studies, indigenous women’s writing (including autobiography and testimony), cultural studies on women, consumption, and corporeality.
<b>Dr. Gillian Creese</b>	Intersections of gender, sexuality, racialization and class; Processes of immigration and settlement in Canada; Gender, racialization, work and trade unions.
<b>Dr. Vanessa Andreotti</b>	Education for/about international development Global Citizenship Education Global Justice Ethics of Internationalization
<b>Claudia Díaz (PhD student)</b>	role of early childhood education policies in educational inequalities, examining how social spaces for children intersect with issues of social class, race, and gender
<b>Dr. Denise Ferreira da Silva</b>	Female Genital Cutting, Police Brutality, Black Political Mobilization, the rhetoric of the “War on Terror”
<b>Dr. Sneja Gunew</b>	Cross-Cultural Perspectives On Women, Identity, Food Diaspora, Indigeneity, Ethnicity: The Multiculturalism of Post-colonialisms in Contemporary Canada and Australia
<b>Dr. Mark Harris</b>	Indigenous rights in relation to cultural heritage, land claims, the stolen generations, intellectual property and criminal justice issues
<b>Dr. Annette Henry</b>	race, class, language, gender and culture in socio-cultural contexts of teaching and learning in the lives of Black students,



	Black oral histories, and Black women teachers’ practice in Canada, the U.S. and the Caribbean
<b>Dr. Dallas Hunt</b>	a study of urban Indigeneity in the ‘reconciliation era’ a study on the histories of settler colonialism on the prairies a study on small, Indigenous publishing houses a study on settler replacement narratives and Indigenous futurities a study on/collection of the poetry of Anishinaabe writer Kateri Akiwenzie-Damm
<b>Jules Koostachin</b>	practices and methodologies of indigenous women creating digital stories from the margins of society
<b>Dr. Minelle Mahtani</b>	She is also the Senior Advisor to the Provost on Racialized Faculty where she supports the recruitment and retention of racialized faculty; Her show was unapologetically anti-racist and feminist in its approach, focusing on the stories of systemically disadvantaged communities
<b>Dr. Dory Nason</b>	contemporary Indigenous Feminisms and related Native women’s intellectual history and literature.
<b>Dr. Pat O’Riley</b>	Ecojustice and Sustainability Education Global North/Global South Collaborations Ecoliteracies Ecotechnologies Ecopedagogies Equivalency of Indigenous Knowledges and Practices in Education Cross-cultural Education
<b>Dr. Pilar Riaño-Alcalá</b>	historical memory, the lived experience of violence and the ethnography of social repair; performance and community public art; exploring critical research methodologies that foster interactive, process-based methods and tap into the various ways of knowing and organizing knowledge.
<b>Dr. Leslie Robertson</b>	Indigenous and settler historiographies; colonial regimes of difference; life story and oral histories; radical methodologies; forms of power and representation in the context of urban marginalization
<b>Dr. Becki Ross</b>	history of sexuality, ‘the family’, gender relations, qualitative methods, anti-racist studies, critical sport studies, queer culture



<b>Dr. Deena Rymhs</b>	Indigenous literature informed by the environmental humanities, gendered histories of colonization, and theories of biopower
<b>Dr. June Scudeler</b>	intersections between queer Indigenous studies, Indigenous literature, film, and art
<b>Dr. Chris Shelley</b>	feminist and intersectional theories, LGBTQ health and wellness, social justice and mental health, feminist and Indigenous counselling practices.
<b>Dr. Sunera Thobani</b>	critical race, postcolonial, transnational and feminist theory; intersectionality, social movements and critical social theory; colonialism, indigeneity and racial violence; globalization, citizenship and migration; South Asian women's, gender and sexuality studies; representations of Islam and Muslims in South Asian and Western media; Muslim Women, Islamophobia and the war on terror.
<b>Dr. J. S. Kofi Gbolonyo</b>	West African traditional music and dance, Ewe indigenous knowledge, language and culture, Orff-Schulwerk pedagogy, multicultural music education, Ghanaian brass band and choral music.
<b>Dr. Gloria Onyeoziri-Miller</b>	African and Caribbean Literatures African and Caribbean Women Writers Utopian Studies, Memory Studies and Marginalized groups
<b>Dr. Elizabeth Hirsh</b>	Inequality, Gender and Race Discrimination, Work Organizations, Law
<b>Dr. Harper Keenan</b>	Gender race sexuality Colonialism early childhood and elementary education
<b>Dr. Nicholas James Hudson</b>	social class studies of race studies of language literature and history
<b>Dr. Ryuko Kubota</b>	language education multicultural education culture and language race and language teaching language ideologies critical applied linguistics
<b>Dr. Shannon Walsh</b>	Film Making Production and Exploration in Visual Arts



	<p>AIDS / HIV          Political Culture, Society and Ideology          Ideological, Political, Economical and Social Environments of Social Transformations          Sexuality          Social Determinants of Health</p>
<b>Dr. Antje Ellermann</b>	<p>Migrations, Populations, Cultural Exchanges          Migratory Flows          Public Policies          Identity and Transnationality          Role of Governments and Institutions</p>
<b>Dr. Handel Wright</b>	<p>(post)multiculturalism and multicultural education          Cultural Studies          Youth Studies          Critical Race Theory          identity, citizenship and belonging          Africana studies          postcolonialism and decolonization</p>
<b>Dr. Lisa Loutzenheiser</b>	<p>anti-oppressive education          queer studies          curriculum theory          Youth Studies          curriculum policy          qualitative methodologies          ethnography          Gender Studies          social inequality          sexuality education          alternative education          marginalized youth          LGBT2SQ          Race Studies in Education</p>
<b>Dr. Gaoheng Zhang</b>	<p>Migration Studies          Mobility Studies          Postcolonial Studies          Gender and Masculinity Studies          Race Theory          Film and Media Studies          Rhetoric and Communication Studies          Cultural Theory          Italian-Chinese relations          Italy's global networks          Modern and contemporary Italian literature and culture</p>
<b>Dr. Leila Harris</b>	<p>water politics          water governance          Environmental justice          gender and social difference</p>



	equity and social justice participatory resource management Turkey and Middle East Africa Ghana South Africa
<b>Dr. Gerry Veenstra</b>	racial health inequalities social class and health intersectionality theory and health Bourdiesian field theory, lifestyle practices and health culture and class
<b>Dr. Amy Metcalfe</b>	Higher Education Faculty Internationalization Campus Environments