Height Adjustable Desks: Height Range and Purchasing Information

The list below is meant to provide departments with examples; it is not an exhaustive list. Departments may choose to work with their preferred furniture provider. Each provider will have multiple desk sizes, shapes and colours, please contact them for a formal quote.

Prices provided here are approximate and are based on a 30” X 48” desk and do not include delivery, installation or taxes.

Recommended Dimensions to fit the 5th to 95th percentile:
- Height range: Preferred: ≤22.6” to ≥48.7”. If this is not feasible, then ≤25” to ≥48.7” is acceptable; however, individuals ≤5’4 will need a footrest or keyboard tray.
- Depth: 30” preferred. For home offices 24” is acceptable.
- Width: Variable, depending on available space.

Height Adjustable Desks Examples:
- **COI Height Adjustable Desk**: Height Range: 22.6” to 48.7”
  Available from: Kenny Reid, kreid@coi.bz
  Cost: $564. Price does not include delivery or installation.
- **ESI Victory LX**: Height Range: 22.6” to 48.7”
  Available from Kate Hatami, Kathleen.Hatami@Staples.com, E-way
  Cost: $618
- **FLT-02 Solo Ryzer**: Height Range: 24.6” to 50.1”
  Available from David Eidelshtein: david@progressiveautomations.com, from Progressive Desk
  Cost: $633 (base and tabletop) or $424 (base only). Price includes delivery. Lead time 3 to 5 days. Installation not included, estimated to take 20 to 40 minutes.
- **Haworth ‘HOP’**: 25.7 to 51.3”
  Available from Peter Chen, pchen@brookscorning.com, Brooks Corning
  Cost: $820
- **Ikea, Bekant**: 22.6” to 48.7”
  Cost: $399 (48” wide desk) or $499 (60” wide desk)
- **Migration**: Height Range: 22.6” to 48.7”
  Available from Edson Vazquez: evazquez@heritageoffice.com, Heritage Furniture
  Cost: $785
- **Series 5, Steelcase**: 25.5 to 52”
  Available from Edson Vazquez: evazquez@heritageoffice.com, Heritage Furniture
  Cost: $1,410
- **Workrite RISE**: 22.6” to 48.8”
  Available from Peter Chen: pchen@brookscorning.com, Brooks Corning
  Cost: $1,540

Revision Date: November 19, 2020
APPENDIX: Background on Recommended Height Range

Rationale for Recommended Height Range:
- This height range will fit the 5th to 95th percentile (5’0 to 6’4) and is in keeping with the BIFMA G1-2013 furniture guidelines and CSA Z412-17 ergonomics guidelines.
- A 30” depth is recommended to minimize the risk of visual fatigue, particularly when looking at dual monitors.

What to do for those outside the 5th to 95th percentile:
- Users shorter than 5’0 will still require a footrest in sitting.
- Users taller than 6’4” will require a higher desk, i.e. one that can go as high as 50”

Notes regarding desks that do not have the recommended height range:
If for some reason it is not possible to get a desk that goes down to 22.6”, then at minimum ensure the desk can go down to 25” and provide footrests for all users shorter than 5’5.

Avoid height adjustable desks that do not go below 29” as this is above elbow height for nearly all users. It is difficult to install a keyboard tray on height adjustable desks and many chairs do not go high enough for shorter users to work directly on the desktop.