Thank you for actively participating in your department’s Healthy Workplace Initiatives! Now that the programs have come to an end, please fill in the survey below. We appreciate your help in evaluating workplace health promotion initiatives at UBC.

Q2 Department or unit name:
(In full, no abbreviations)

Q3 Demographics:

- How many people participated in your initiatives (total estimate)? (1)
- Approximate % of staff (2)
- Approximate % of faculty (3)
- Approximate % of post docs (4)
- Approximate % of other (5)
Q4
To your knowledge, where is your unit/department/school or faculty on its Wellbeing Journey?

○ Starting the conversation (7)
○ Committed (8)
○ Gathering momentum (9)
○ Deeply engaged (10)

Q5 Workplace Impacts:
Based on the main goals that your department hoped to achieve at the outset of this program, please rank your success in achieving them 1-7.

_____ Reduced work stress among staff/faculty (1)
_____ Promoted and sustained a culture of wellbeing (2)
_____ Encouraged the development of skills and knowledge (3)
_____ Increased team building opportunities (4)
_____ Sustained the programming (5)
_____ Received recognition and support for workplace wellbeing from senior leaders (6)
_____ Other (please specify) (7)

The initiative had the impact and gains that we hoped for.

○ Strongly agree (1)
○ Agree (2)
○ Somewhat agree (3)
○ Somewhat disagree (4)
○ Disagree (5)
○ Strongly disagree (6)
Q7 From the list below, please select the top 3 factors that contributed to the success of the initiative.

☐ Participant engagement (1)
☐ Senior leader support (2)
☐ Effective communication/promotion (3)
☐ Departmental funding (4)
☐ Staffing/admin support (5)
☐ A culture of wellbeing in the department (6)
☐ Encouragement/permission to participate (7)
☐ Recognition of efforts to roll out the program (8)
Q8 From the list below, please select the top 3 barriers to success that you faced during the initiative.

☐ Participant engagement (1)
☐ Senior leader support (2)
☐ Effective communication/promotion (3)
☐ Departmental funding (4)
☐ Staffing/admin support (5)
☐ A culture of wellbeing in the department (6)
☐ Encouragement/permission to participate (7)
☐ Recognition of efforts to roll out the program (8)

Q11 Please describe the most significant change that you noticed within your workplace as a result of the initiative.

Q12 Sustainability:
*Please indicate any plans or measures that have been put in place to continue with healthy workplace programming now that the funds have been used.*

Q13 We would love to share your hard work with the campus community. If you have any relevant graphics, photographs or documents to support your report, we would love to see them.
Q14 Photography consent

☐ I have received the permission of all persons in the photographs to submit them to HR to use for storytelling or program promotion. (1)