



Elder Care Resources

UBC Okanagan Faculty & Staff Relocation Resources

UBC's Employee & Family Assistance Program (EFAP)



Book a Consultation:

1-866-424-0770

Sign in: app.greenshieldplus.ca/en/sign-up

hr.ubc.ca/benefit-plan-details/employee-family-assistance-program

Seniors Outreach & Resource Centre



Kelowna Area Programs

seniorsoutreach.ca



Elder Guide Directory

elderguide.ca

Home Care & Support
Meals & Transportation

Interior Health (Okanagan)

Call **1-800-707-8550**

Home Support Services
interiorhealth.ca/home-care

Long-Term Care Info
interiorhealth.ca/long-term-care



Seniors Housing Directory



Find Housing Options:

seniorsservicessociety.ca/housing-finder



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Immediate Health Support

Call HealthLink BC 8-1-1 or BC 2-1-1