Ergonomic Chairs in HR Training Room (TEF3)

Below is a list of the chairs in UBC’s HR Training Room. Please note that this is not an exhaustive list of ergonomic chairs and not all chairs in the training room are equal; some of more adjustability features than others.

Departments, staff and faculty may book appointments to test chairs and learn about the adjustability features. Purchasing decisions are made by the department; testing a chair does not necessarily mean that your department will purchase a chair for you. Please check with your department before booking an appointment to determine what options are available in your department.

Good chairs typically range in price from $650 to $850; however, there are some options which are more expensive. Please contact your preferred provider for a formal quote.

Chair List:

- Global-Obus Forme Comfort ............................................................................................................................................. 2
- Global-Tritek ........................................................................................................................................................................ 2
- Haworth: Fern ........................................................................................................................................................................... 2
- Haworth: Soji ............................................................................................................................................................................. 3
- Haworth: Very .......................................................................................................................................................................... 3
- Haworth: Zody ........................................................................................................................................................................... 3
- Herman Miller-Mirra2 ......................................................................................................................................................... 4
- Steelcase-Amia ........................................................................................................................................................................ 4
- Steelcase-Amia Air ............................................................................................................................................................... 4
- Steelcase-Gesture ............................................................................................................................................................... 5
- Steelcase-Leap ................................................................................................................................................................. 5
<table>
<thead>
<tr>
<th>Chair</th>
<th>Features on chair in training room</th>
<th>Instructions &amp; Environment Info</th>
<th>Available From</th>
</tr>
</thead>
</table>
| Global-Obus           | • Lumbar: Adjustable height and depth  
• Backrest Height: Mid-back  
• Seat pan size: Standard  
• Chair Height: Standard  
• Armrest: 4D Arms (may order T6)  
• Seat Pan: Adjustable Depth  
• Tilt: Multi-Tilt  
• Weight Capacity: 300lbs  
• Fabric, Colour, Metal or Plastic base: DEPT to decide                                                                                                                                                                                                                       | Instructions: PDF  
• Environment Info  
• Specification Info  
• Warranty: 5 to 12 years, varies by part                                                                                                                                                                                                 | Demo Provided By:  
Kate Hatami, eway  
Kathleen.Hatami@staples.com                                                                                     |
| Forme Comfort         |                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                     |                                                                                                                      |
| Global-Tritek         | • Lumbar: Adjustable height and depth  
• Backrest Height: Mid-back  
• Seat pan size: Standard  
• Chair Height: Standard  
• Armrest: T6  
• Seat Pan: Adjustable Depth  
• Tilt: Multi-Tilt  
• Weight Capacity: 300lbs  
• Fabric, Colour, Metal or Plastic base: DEPT to decide                                                                                                                                                                                                                       | Instructions: Video  
• Environment Info  
• Specification Info  
• Warranty: 5 to 12 years, varies by part                                                                                                                                                                                                 | Demo Provided By:  
Kate Hatami, eway  
Kathleen.Hatami@staples.com                                                                                     |
| Haworth: Fern         | • Lumbar: Built in wave suspension+ additional Adjustable height Lumbar  
• Backrest Height: High-back  
• Seat pan size: Medium  
• Chair Height: Standard  
• Armrest: 4D  
• Seat Pan: Adjustable Depth  
• Tilt: Back lock/forward tilt  
• Base: Aluminum  
• Weight Capacity: 325lbs  
• Fabric, Colour, Metal or Plastic base: DEPT to decide                                                                                                                                                                                                                       | Instructions: Video  
• Environmental Info  
• Specification Info  
• Warranty: 12 years (parts & labour)                                                                                                                                                                                                                                           | Demo Provided By:  
Peter Chen, Brooks Corning  
pchen@brookscorning.com                                                                                           |

Please contact your preferred provider for a formal quote and/or additional details.
Revised: September 2022
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| **Haworth: Soji** | • Lumbar: Adjustable height/Depth Lumbar  
• Backrest Height: Mid-Back  
• Seat pan size: Medium  
• Chair Height: Standard  
• Armrest: 4D  
• Seat Pan: Adjustable Depth  
• Tilt: Back lock/forward tilt  
• Base: Aluminum  
• Weight Capacity: 325lbs  
• Fabric, Colour, Metal or Plastic base: DEPT to decide | • Instructions: [Video](#)  
• Environmental [Info](#)  
• Specification [Info](#)  
• Warranty: 12 years (parts & labour) | Demo Provided By:  
[Peter Chen](mailto:pchen@brookscorning.com), Brooks Corning  
[Demo Provided By: Peter Chen](mailto:pchen@brookscorning.com), Brooks Corning |
| **Haworth: Very** | • Lumbar: Adjustable height/Depth Lumbar  
• Backrest Height: Mid-Back  
• Seat pan size: Medium  
• Chair Height: Standard  
• Armrest: 4D  
• Seat Pan: Adjustable Depth  
• Tilt: Back lock/forward tilt  
• Base: Plastic  
• Weight Capacity: 325lbs  
• Fabric, Colour, Metal or Plastic base: DEPT to decide | • Instructions: [Video](#)  
• Environmental [Info](#)  
• Specification [Info](#)  
• Warranty: 12 years (parts & labour) | Demo Provided By:  
[Peter Chen](mailto:pchen@brookscorning.com), Brooks Corning  
[Demo Provided By: Peter Chen](mailto:pchen@brookscorning.com), Brooks Corning |
| **Haworth: Zody** | • Lumbar: Adjustable height/Depth Lumbar with Pelvic Support  
• Backrest Height: Mid-Back  
• Seat pan size: Medium  
• Chair Height: Standard  
• Armrest: 4D  
• Seat Pan: Adjustable Depth  
• Tilt: Back lock/forward tilt  
• Base: Aluminum  
• Weight Capacity: 325lbs  
• Fabric, Colour, Metal or Plastic base: DEPT to decide | • Instructions: [Video](#)  
• Environmental [Info](#)  
• Specification [Info](#)  
• Warranty: 12 years (parts & labour) | Demo Provided By:  
[Peter Chen](mailto:pchen@brookscorning.com), Brooks Corning  
[Demo Provided By: Peter Chen](mailto:pchen@brookscorning.com), Brooks Corning |
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| Herman Miller-Mirra2 | • **Lumbar**: Adjustable height and depth  
• **Backrest Height**: Mid-back  
• **Seat pan size**: Standard (22.9”)  
• **Chair Height**: Standard  
• **Armrest**: Adjustable  
• **Seat Pan**: Adjustable Depth  
• **Tilt**: Tilt Tension and lock; forward tilt  
• **Weight Capacity**: 350lbs  
• **Fabric, Colour, Metal or Plastic base**: DEPT to decide                                                                                                                                                                      | • Instructions: [Video](#)  
• Instructions: [PDF](#)  
• Environmental Info  
• Specification Info  
• Warranty: 12 years                                                                                                                     | Demo Provided By:  
Louise Low  
Contemporary Office Interior (COI)  
low@coi.bz                                                                                                                                   |
| Steelcase-Amia | • **Lumbar**: Adjustable Height  
• **Backrest Height**: mid-back  
• **Seat pan size**: Standard with adjustable depth  
• **Chair Height**: Standard  
• **Armrests**: 4D  
• **Tilt**: Synchro Tilt, tilt tension with back-lock stop  
• **Weight Capacity**: 400lbs                                                                                                                                                                                                 | • Instructions: [Video](#) and [PDF](#)  
• Environmental Info. Indoor Air Quality GOLD; Recyclability 97%; BIFMA level 2 certified  
• Specification Info  
• Warranty: Limited Lifetime                                                                                                                  | Demo Provided By:  
Edson Vazquez,  
Heritage Furniture  
evazquez@heritageoffice.com                                                                                                                  |
| Steelcase-Amia Air | • **Lumbar**: Adjustable Height  
• **Backrest Height**: mid-back  
• **Seat pan size**: Standard with adjustable depth  
• **Chair Height**: Standard  
• **Armrests**: 4D  
• **Tilt**: Synchro Tilt, tilt tension with back-lock stop  
• **Weight Capacity**: 400lbs  
• **Fabric, Colour, Metal or Plastic base**: DEPT to decide                                                                                                                                                                      | • Instructions: Video  
• Environmental Info. Indoor Air Quality GOLD; Recyclability 97%; BIFMA level 2 certified  
• Specification Info  
• Warranty: Limited Lifetime                                                                                                                  | Demo Provided By:  
Edson Vazquez,  
Heritage Furniture  
evazquez@heritageoffice.com                                                                                                                  |
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<tr>
<td>Steelcase-</td>
<td>• <strong>Lumbar:</strong> Adjustable Height &amp; Depth</td>
<td>• Instructions: <a href="#">Video</a></td>
<td>Demo Provided By: Edson Vazquez, Heritage Furniture <a href="mailto:azquez@heritageoffice.com">azquez@heritageoffice.com</a></td>
</tr>
<tr>
<td>Gesture</td>
<td>• <strong>Backrest Height:</strong> High back</td>
<td>• Environmental Info. Indoor Air Quality GOLD; Recyclability 97%; BIFMA level 2 certified</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• <strong>Seat pan size:</strong> Standard with adjustable depth</td>
<td>• Specification <a href="#">Info</a></td>
<td></td>
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<tr>
<td></td>
<td>• <strong>Chair Height:</strong> Standard</td>
<td>• Warranty: Limited Lifetime</td>
<td></td>
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<td></td>
<td>• <strong>Armrests:</strong> 4D; greater range of motion than others</td>
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<td></td>
<td>• <strong>Tilt:</strong> Synchro Tilt, tilt tension with back-lock stop</td>
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<td></td>
<td>• <strong>Weight Capacity:</strong> 400lbs</td>
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<td>• <strong>Fabric, Colour, Metal or Plastic base:</strong> DEPT to decide</td>
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<tr>
<td>Steelcase-Leap</td>
<td>• <strong>Lumbar:</strong> Adjustable Height</td>
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<tr>
<td></td>
<td>• <strong>Backrest Height:</strong> mid-back</td>
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<td></td>
<td>• <strong>Seat pan size:</strong> Standard with adjustable depth</td>
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<td>• <strong>Chair Height:</strong> Standard</td>
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<td>• <strong>Armrests:</strong> 4D</td>
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