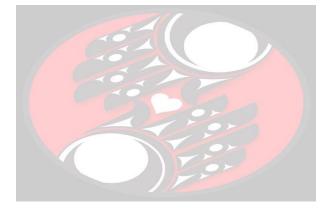


DO YOU WANT TO BE A PROFESSIONAL COACH? DO YOU WANT TO SUPPORT OTHERS TO ACHIEVE THEIR GOALS? DO YOU WANT TO LEARN WITH OTHER INDIGENOUS COACHES?



If so, this program may be for you. Please connect with the following to get an application form and set up a time to discuss your interest in the program

Michelle DeGroot: <u>Michelle.Degroot@fnha.ca</u> Alexis Grace: <u>Alexis.Grace@fnha.ca</u> Jay Lambert: <u>Jay.Lambert@fnha.ca</u>

The next step is an orientation to the program on **Wednesday**, June 7th at 3PM PST for one hour. Invitations will be extended with details.

Target Audience:

This pilot program is accepting a maximum of 12 Indigenous participants who would like to learn to coach professionally.

Objectives:

This program will graduate Indigenous coaches who will work with Indigenous clients, communities, organizations, different levels of government and within the private sector. The program adopts the core competencies of the International Coaching Federation into language and approaches which align with Indigenous teachings.

The Program:

This program starts with a 2-day in-person gathering where we will build a learning community through a jointly created safe space for storytelling, vulnerability, friendship and support. We will introduce what coaching is in relation to an Indigenous context and how it informs coaching practice.

We will then move to thirteen virtual sessions of (3 hours each), where we will learn and practice the coaching skills.

The final session will be an in-person closing circle.

Participants will have access to Elders and Knowledge Keepers as part of the program.

Course content will include require reading and self-reflection time guided by the course content

The Content

- Specific number of hours of in-person circle gatherings, webinars, plus specific hours of mentor coaching
- The historical context of working with Indigenous communities/client-partners
- The eight (8) core competencies (modified to recognize the Indigenous context) of being a professional coach (per the International Coaching Federation)
- Some of the skills/knowledge topics include: •
- What is coaching and how does it differ from mentoring/counselling? •
- How is coaching different from sharing with Elders and Knowledge Keepers?
- Ethical considerations of being a coach •
- The art of listening at a deeper level \emptyset How to structure powerful questions •
- The power of holding space for your client-partner to accept their inner wisdom ٠
- When to use storytelling as a tool •

Dates:

- June 15 and 16, 2023 in person Opening Circle (West Vancouver FNHA Park Royal 5th floor boardroom)
- Every Wednesday between June 28 September 20, 2023: Webinars from 3:00-6:00 pm PST
- September 27 in person Closing Circle (West Vancouver FNHA Park Royal 5th floor boardroom)

This program is sponsored, in part, by the First Nations Health Authority.

Cost of this program: \$4500 + GST.

Participants are responsible for travel and accommodations.

Lunch will be provided for in-person events.

For participants interested in becoming an internationally credentialed coach, the program will be submitted for accreditation and will meet the standards of the Level 1 training (ACSTH Path): The Gold Standard in Coaching | ICF - ACC Paths (coachingfederation.org)

If you are interested in participating in this program please click on the link below and fill out the registration form. Someone from our team will be in contact with you shortly for an intake interview:

