Thank you for your interest in the Healthy Workplace Initiatives Fund Program. Application will be accepted from March 11- April 19, 2024.

Upon submission, you will receive a confirmation email containing a copy of your responses along with instructions for senior leader sign-off.

Department /Unit Name:
(In full, no abbreviations)

Faculty or Administrative (VP) Unit

Campus or work site location:

Application Lead 1

Name:

Email:

Application Lead 2 (Optional)

Name:

Email:

Has your department/unit received HWIP funding in the last 2 years?

- Yes
- No
- Not sure
Please indicate your selected initiative:

- Art and Creative Expression
- Bike Share
- Community Garden
- Inclusive Wellbeing
- Innovative New Idea
- Mental Health Training
- Nutrition and Healthy Eating
- Team Health Challenge
- Yoga/Fitness Classes

Amount requested

How many people do you anticipate will participate in your initiative?

<table>
<thead>
<tr>
<th>0</th>
<th>50</th>
<th>100</th>
<th>150</th>
<th>200</th>
<th>250</th>
<th>300</th>
<th>350</th>
<th>400</th>
<th>450</th>
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</table>

Total estimate

Please describe your proposed initiative and how it will support and enhance wellbeing in the workplace. Be sure to indicate how it is different from the other available funding categories.

Effective health initiatives involve more than one-time workshops, activities, or events. They must include a multi-pronged approach aimed at reducing barriers and increasing opportunities for UBC staff and faculty to implement healthy behaviours. Please limit response to no more than 500 words.

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Please share a high-level estimated budget of your proposed initiative

Needs Assessment:
Outline the steps taken to determine the fit and suitability of the selected initiative. Provide details such as consultations, surveys, Workplace Experiences Survey results, current department climate, strategic alignment

Workplace Impacts:
Please indicate the main goals that your department hopes to achieve through this program by ranking them 1-7.

- Reduced work stress among staff/faculty
- Promoting and sustaining a culture of wellbeing
- Encouraging the development of skills and knowledge
- Increasing team building opportunities
- Program sustainability
- Recognition and support of workplace wellbeing from senior leaders
- Other (please specify)
What are some unintended potential impacts (positive or negative) of this initiative in your unit/department? What ideas do you have to minimize the unintended negative impacts of this initiative?

How will this initiative affect the quality and responsiveness of care for your workplace?

Financial Information:

The HWIP fund is based on a reimbursement model. All successful departments will need to cover the cost of the initiatives up front and then submit receipts for reimbursement.

Senior Leader Endorsement:

Please note that you will be provided with instructions for how to arrange for senior leader sign off upon completion of this survey.

Name:
Title:
Department/unit:
Email:

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