## No Scents is Good Sense!

Share the air and go scent-free in the workplace and in shared public spaces.



## **Effects of scents**



Scented products contain chemicals which can cause serious problems for many people, especially those with asthma, allergies or environmental illnesses.

Scented products can cause a variety of health problems such as sore throat, runny nose, sinus congestion, wheezing, shortness of breath, headache, mental confusion, inability to concentrate, flushing, irritability, nausea, muscle pain or migraine.

## **Scented products**

- perfume
- cologne
- aftershave
- soap
- lotion
- deodorant
- shampoo
- conditioner

- hair spray
- makeup
- sun screen
- detergent
- fabric softener
- cleaning products
- air freshener

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