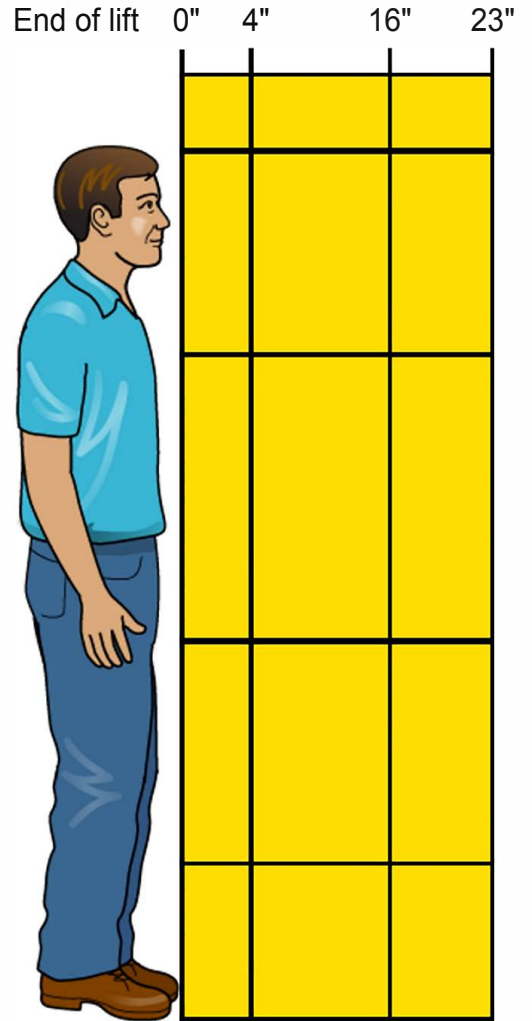
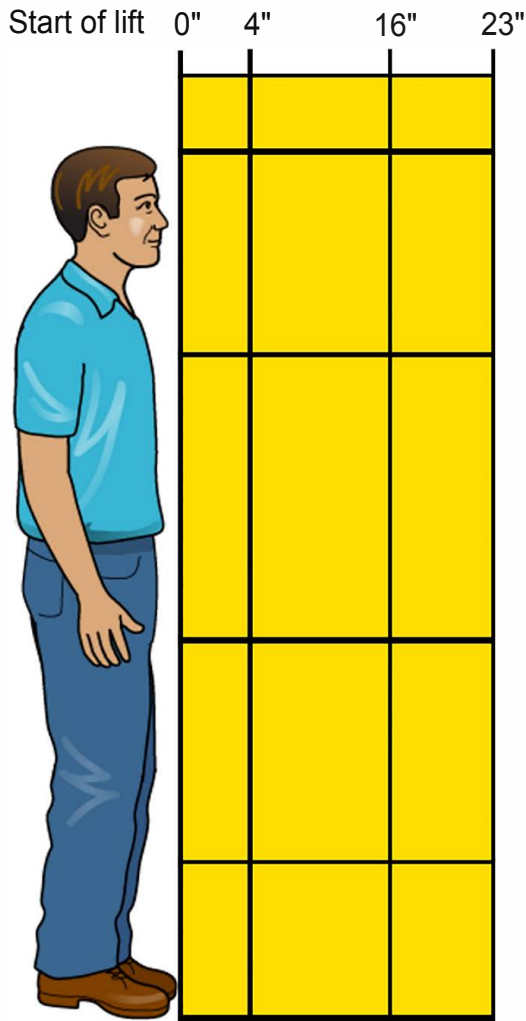


UBC Lifting Incidents- Background Information

Please answer the following questions to provide us with additional information about the risk factors associated with this lift. This form can be attached to your CAIRS report or emailed to ergonomics.info@ubc.ca.

1. Please indicate where the hands are located at the start and end of each lift:



Images from OSHA Oregon Lifting Calculator App

- How much does the item weigh? lbs kg
- How frequently is the item lifted?
- How many hours of lifting per day?
- Does the item have handles? Yes No
- Is the item awkwardly shaped or require twisting to lift? Yes No
- Additional comments: