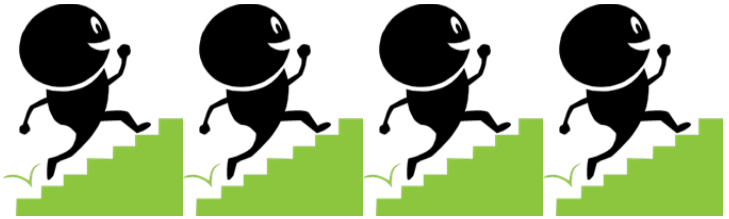
Daily Step Tracker

JUNE 22 – JULY 12 2019 Climb your way to better health!	UBC STAFF & FACULTY **PICK YOUR PEAK STAIR CHALLENGE**	

Week ⬇ Daily Steps ➡	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun	Weekly Totals
WEEK 1 track your points each day of the week							
WEEK 2							
WEEK 3							
WEEK 4							